



## Daily Monastic Duty Schedule

MONDAY - SUNDAY & MAJOR FEAST DAYS	
06:00	<b>ALL RISE</b> <i>(in silence)</i>
06:30	Early Morning Duties & Coffee <i>(in silence)</i>
08:00	<b>TERCE</b>
08:15	<b>Chores</b> <i>(in silence)</i>
11:15	<b>DIVINE LITURGY of the MASS</b>
12:30	<b>SEXT</b> <i>(Midday Prayer)</i>
13:30	<b>MAIN MEAL &amp; Break</b> <i>(in Silence/Table Reading except on Weekends)</i>
15:30	<b>NONE</b> <i>(Prayer)</i>
16:00	<b>Chores</b>
17:00	<b>Lectio Divina</b> <i>(in Silence)</i>
18:00	<b>VESPERS</b> <i>(Evening Prayer)</i>
19:00	<b>Community Meeting</b>
20:00	<b>Leisure Time</b>
21:30	<b>COMPLINE</b> <i>(Final Prayer of the Evening)</i>
22:30	<b>GRAND SILENCE</b>

\*Assigned Duties  
Includes the Following:  
(Laundry, clean Chapel, clean kitchen, clean Hall, & Bathrooms), yard work, cleaning our private rooms, Computer work, E-mails, etc.